

5. Dortmunder Westfalentriathlon - Do-Di-Sprint

Ergebnisse

gedruckt 13.08.2006, 12:44

Männer

| Platz | Startnr. | Name | JG | Verein | pl | AK | Endzeit | pl | swim | pl | bike | pl | swim+bike | pl | run | |
|-------|----------|-----------------------------|----|-----------------------------|----|---------|---------|-----|---------|----|------|---------|-----------|---------|-----|---------|
| 1 | 385 | Enters, Christian | 79 | Tri-Geckos Dortmund | | 1 MAK2 | 1:02:31 | 1 | 0:10:00 | | 3 | 0:34:22 | 1 | 0:44:22 | 5 | 0:18:08 |
| 2 | 260 | Schmidt, Mario Michael | 71 | TuS Breitscheid | | 1 MAK4 | 1:03:08 | 6 | 0:11:42 | | 2 | 0:34:08 | 3 | 0:45:51 | 1 | 0:17:17 |
| 3 | 448 | Fink, Florian | 83 | Lubig Team PSV Bonn | | 1 MAK1 | 1:03:31 | 9 | 0:11:58 | | 1 | 0:33:39 | 2 | 0:45:37 | 2 | 0:17:53 |
| 4 | 413 | Krüger, Olaf | 69 | SGE Ergste - Tripple Hippos | | 2 MAK4 | 1:06:46 | 8 | 0:11:49 | | 6 | 0:35:47 | 5 | 0:47:37 | 10 | 0:19:08 |
| 5 | 382 | Paesler, Tom | 69 | *Dortmund | | 3 MAK4 | 1:06:54 | 4 | 0:11:37 | | 11 | 0:36:54 | 6 | 0:48:32 | 7 | 0:18:21 |
| 6 | 396 | Westphal, Abbi | 71 | LT Starlight Team Essen | | 4 MAK4 | 1:07:29 | 26 | 0:13:48 | | 5 | 0:35:44 | 8 | 0:49:32 | 3 | 0:17:57 |
| 7 | 460 | Grabowski, Lars | 89 | Tri-Geckos Dortmund | | 1 MJA | 1:08:33 | 3 | 0:10:08 | | 9 | 0:36:34 | 4 | 0:46:43 | 56 | 0:21:50 |
| 8 | 370 | Mück, Philip | 82 | *Bergkamen | | 2 MAK1 | 1:08:42 | 2 | 0:10:07 | | 30 | 0:38:49 | 7 | 0:48:56 | 16 | 0:19:45 |
| 9 | 455 | Lutz, Joachim | 56 | Mengens Triathleten | | 1 MSEN3 | 1:09:49 | 19 | 0:13:05 | | 13 | 0:37:09 | 10 | 0:50:15 | 13 | 0:19:34 |
| 10 | 403 | Scholz, Carsten | 74 | Iserlohner Tri Team | | 1 MAK3 | 1:10:15 | 27 | 0:14:01 | | 7 | 0:36:20 | 12 | 0:50:22 | 19 | 0:19:52 |
| 11 | 223 | Schüler, Thorsten | 86 | Styrumer TV Mülheim | | 3 MAK1 | 1:10:34 | 5 | 0:11:39 | | 37 | 0:39:14 | 14 | 0:50:54 | 14 | 0:19:40 |
| 12 | 461 | Höhn, Felix | 87 | Tri-Geckos Dortmund | | 1 MJUN | 1:10:35 | 39 | 0:14:35 | | 4 | 0:35:41 | 11 | 0:50:16 | 26 | 0:20:19 |
| 13 | 307 | Aengenheister, Volker | 81 | *Essen | | 2 MAK2 | 1:10:51 | 57 | 0:15:33 | | 14 | 0:37:17 | 26 | 0:52:51 | 4 | 0:18:00 |
| 14 | 306 | Katzenberger, Bernd | 59 | Tri Club Wuppertal | | 1 MSEN2 | 1:11:19 | 20 | 0:13:11 | | 8 | 0:36:22 | 9 | 0:49:34 | 55 | 0:21:45 |
| 15 | 421 | Vollmer, Heinz | 57 | *Salzkotten | | 2 MSEN2 | 1:11:21 | 41 | 0:14:42 | | 12 | 0:36:58 | 18 | 0:51:41 | 15 | 0:19:40 |
| 16 | 236 | Schmidt, Paul | 70 | Tus Jahn Ohle | | 5 MAK4 | 1:11:24 | 37 | 0:14:30 | | 16 | 0:37:41 | 22 | 0:52:12 | 11 | 0:19:12 |
| 17 | 445 | Dohrmann, Jens | 67 | Tri-As Hamm | | 6 MAK4 | 1:11:49 | 15 | 0:12:52 | | 20 | 0:37:59 | 13 | 0:50:52 | 34 | 0:20:57 |
| 18 | 321 | Born, Jürgen | 56 | TuS Sundern | | 2 MSEN3 | 1:12:00 | 45 | 0:14:54 | | 10 | 0:36:50 | 19 | 0:51:45 | 24 | 0:20:14 |
| 19 | 291 | Döllert, Christian | 80 | DJK Eintracht-Datteln | | 3 MAK2 | 1:12:44 | 23 | 0:13:37 | | 33 | 0:38:56 | 25 | 0:52:33 | 22 | 0:20:10 |
| 20 | 418 | Schmäing, Hermann | 78 | *Münster | | 4 MAK2 | 1:13:02 | 55 | 0:15:25 | | 18 | 0:37:47 | 28 | 0:53:12 | 18 | 0:19:49 |
| 21 | 311 | Guth, Heinz-Georg | 63 | TSV Kirchlinde Dortmund | | 1 MSEN1 | 1:13:05 | 68 | 0:16:14 | | 17 | 0:37:42 | 36 | 0:53:56 | 9 | 0:19:08 |
| 22 | 248 | Hostermann, Norbert | 67 | FC Nordkirchen | | 7 MAK4 | 1:13:26 | 52 | 0:15:11 | | 25 | 0:38:25 | 33 | 0:53:36 | 17 | 0:19:49 |
| 23 | 318 | Niermann, Guido | 67 | *Bottrop | | 8 MAK4 | 1:13:48 | 12 | 0:12:28 | | 42 | 0:39:27 | 21 | 0:51:56 | 57 | 0:21:51 |
| 24 | 250 | Papendick, Ralf | 55 | Turbo-Schnecken Lüdenscheid | | 3 MSEN3 | 1:13:53 | 25 | 0:13:43 | | 29 | 0:38:40 | 23 | 0:52:24 | 48 | 0:21:29 |
| 25 | 245 | Edelbroich, Matthias | 77 | SV Aegir Arnsberg | | 5 MAK2 | 1:14:01 | 18 | 0:13:00 | | 23 | 0:38:13 | 16 | 0:51:13 | 78 | 0:22:47 |
| 25 | 343 | Pagenkämper, Frank | 68 | MLK-Gesamtschule | | 9 MAK4 | 1:14:01 | 59 | 0:15:38 | | 15 | 0:37:39 | 31 | 0:53:17 | 29 | 0:20:43 |
| 27 | 375 | Lemberg, Stefan | 69 | Viermärker Dortmund | | 10 MAK4 | 1:14:11 | 33 | 0:14:19 | | 49 | 0:39:43 | 38 | 0:54:03 | 21 | 0:20:07 |
| 28 | 384 | Veldhuis, Hendrik | 68 | *Bochum | | 11 MAK4 | 1:14:40 | 64 | 0:16:02 | | 26 | 0:38:26 | 45 | 0:54:28 | 23 | 0:20:11 |
| 29 | 226 | Zerrath, Uwe | 70 | 3athlon.org e.V. | | 12 MAK4 | 1:14:45 | 11 | 0:12:07 | | 38 | 0:39:17 | 17 | 0:51:24 | 96 | 0:23:20 |
| 30 | 309 | Noffke, Bert | 63 | | | 2 MSEN1 | 1:14:48 | 67 | 0:16:13 | | 22 | 0:38:10 | 42 | 0:54:24 | 27 | 0:20:24 |
| 31 | 447 | Dahlmann, Ralf | 59 | RC Lüdenscheid | | 3 MSEN2 | 1:15:03 | 7 | 0:11:43 | | 39 | 0:39:22 | 15 | 0:51:05 | 110 | 0:23:57 |
| 32 | 442 | Timte, Moritz | 83 | MC Cappenberg | | 4 MAK1 | 1:15:04 | 40 | 0:14:39 | | 19 | 0:37:49 | 24 | 0:52:29 | 72 | 0:22:35 |
| 33 | 453 | Kühne, Manfred | 63 | Tri-Geckos Dortmund | | 3 MSEN1 | 1:15:07 | 16 | 0:12:57 | | 31 | 0:38:51 | 20 | 0:51:49 | 93 | 0:23:18 |
| 34 | 381 | Dornebusch, Thomas | 66 | *Gelsenkirchen | | 4 MSEN1 | 1:15:14 | 36 | 0:14:29 | | 41 | 0:39:27 | 35 | 0:53:56 | 39 | 0:21:17 |
| 35 | 310 | Hauptmann, Andreas | 65 | | | 5 MSEN1 | 1:15:17 | 43 | 0:14:48 | | 43 | 0:39:35 | 41 | 0:54:23 | 30 | 0:20:53 |
| 36 | 217 | Haake, Torsten | 70 | *Soest | | 13 MAK4 | 1:15:54 | 32 | 0:14:16 | | 34 | 0:38:59 | 30 | 0:53:15 | 74 | 0:22:39 |
| 37 | 408 | Biskup, Rene | 89 | Tri-Geckos Dortmund | | 2 MJA | 1:16:08 | 35 | 0:14:28 | | 28 | 0:38:30 | 27 | 0:52:59 | 87 | 0:23:09 |
| 38 | 434 | Hüther, Sven | 69 | LT Starlight Team Essen | | 14 MAK4 | 1:16:15 | 72 | 0:16:37 | | 27 | 0:38:30 | 49 | 0:55:08 | 36 | 0:21:07 |
| 39 | 341 | Schwemmer, Jörg | 67 | *Dortmund | | 15 MAK4 | 1:16:22 | 24 | 0:13:41 | | 51 | 0:39:54 | 32 | 0:53:36 | 77 | 0:22:45 |
| 40 | 287 | Gehrmann, Jan-Ole | 83 | *Dortmund | | 5 MAK1 | 1:16:26 | 56 | 0:15:31 | | 46 | 0:39:39 | 50 | 0:55:10 | 38 | 0:21:16 |
| 41 | 263 | Reuß, Björn | 80 | TuS Dortmund Brackel | | 6 MAK2 | 1:16:38 | 17 | 0:13:00 | | 81 | 0:41:20 | 40 | 0:54:20 | 63 | 0:22:17 |
| 42 | 227 | Bößneck, Ulrich | 57 | *Lünen | | 4 MSEN2 | 1:16:50 | 44 | 0:14:51 | | 40 | 0:39:24 | 39 | 0:54:15 | 71 | 0:22:34 |
| 43 | 247 | Pütter, Christian | 66 | TuS Westfalia Hombruch | | 6 MSEN1 | 1:16:57 | 48 | 0:15:04 | | 62 | 0:40:29 | 52 | 0:55:33 | 44 | 0:21:24 |
| 44 | 320 | Becker, Mark | 69 | *Dortmund | | 16 MAK4 | 1:18:04 | 51 | 0:15:10 | | 21 | 0:38:04 | 29 | 0:53:15 | 126 | 0:24:49 |
| 45 | 458 | Freyhoff, Detmar | 62 | SSC Hörde | | 7 MSEN1 | 1:18:31 | 10 | 0:12:02 | | 90 | 0:41:47 | 34 | 0:53:49 | 125 | 0:24:42 |
| 46 | 350 | Schubert, Thomas | 66 | LT Starlight Team Essen | | 8 MSEN1 | 1:18:33 | 14 | 0:12:51 | | 92 | 0:41:52 | 46 | 0:54:44 | 107 | 0:23:48 |
| 47 | 430 | Bakenecker, Stefan | 69 | PV Triathlon Witten | | 17 MAK4 | 1:18:38 | 94 | 0:18:01 | | 36 | 0:39:14 | 58 | 0:57:15 | 42 | 0:21:22 |
| 48 | 301 | Wagenhäuser, Peter Johannes | 81 | | | 7 MAK2 | 1:18:41 | 163 | 0:21:32 | | 24 | 0:38:15 | 92 | 0:59:48 | 8 | 0:18:53 |
| 49 | 409 | Ott, Christian | 71 | ETG Recklinghausen | | 18 MAK4 | 1:18:41 | 22 | 0:13:33 | | 67 | 0:40:52 | 43 | 0:54:25 | 118 | 0:24:16 |
| 50 | 323 | Scheffler, Frank | 71 | LT Starlight Team Essen | | 19 MAK4 | 1:18:48 | 13 | 0:12:35 | | 103 | 0:42:20 | 47 | 0:54:56 | 108 | 0:23:52 |
| 51 | 331 | Poite, Ralf | 59 | *Haan | | 5 MSEN2 | 1:18:53 | 61 | 0:15:49 | | 50 | 0:39:44 | 53 | 0:55:34 | 94 | 0:23:19 |
| 52 | 328 | Winter, Jörg | 82 | *Mülheim | | 6 MAK1 | 1:18:55 | 78 | 0:17:03 | | 102 | 0:42:18 | 86 | 0:59:21 | 12 | 0:19:34 |

| | | | | | | | | | | | | | | | |
|-----|-----|------------------------|----|-----------------------------|----|-------|---------|-----|---------|-----|---------|-----|---------|-----|---------|
| 53 | 417 | Borgdorf, Mirko | 78 | *Dortmund | 8 | MAK2 | 1:18:58 | 34 | 0:14:26 | 44 | 0:39:36 | 37 | 0:54:02 | 128 | 0:24:56 |
| 54 | 281 | Merten, Michael | 61 | MC Cappenberg | 6 | MSEN2 | 1:19:01 | 28 | 0:14:03 | 106 | 0:42:21 | 55 | 0:56:25 | 73 | 0:22:36 |
| 55 | 205 | Hesse, Alexander | 89 | *Herne | 3 | MJA | 1:19:07 | 49 | 0:15:06 | 63 | 0:40:32 | 54 | 0:55:39 | 103 | 0:23:28 |
| 56 | 397 | Ranft, Rainer | 58 | FuF Unna | 7 | MSEN2 | 1:19:08 | 117 | 0:19:14 | 32 | 0:38:56 | 71 | 0:58:10 | 35 | 0:20:58 |
| 57 | 282 | Nörtershauser, Philipp | 83 | *Mülheim | 7 | MAK1 | 1:19:08 | 79 | 0:17:08 | 72 | 0:41:05 | 73 | 0:58:14 | 31 | 0:20:54 |
| 58 | 387 | Piotrowski, Thomas | 68 | *Bochum | 20 | MAK4 | 1:19:18 | 54 | 0:15:18 | 83 | 0:41:25 | 56 | 0:56:44 | 70 | 0:22:33 |
| 59 | 315 | Karsch, Stefan | 75 | TV Braunfels | 2 | MAK3 | 1:19:31 | 38 | 0:14:32 | 64 | 0:40:34 | 48 | 0:55:07 | 121 | 0:24:24 |
| 60 | 237 | Gödde, Thorsten | 63 | Tus Jahn Ohle | 9 | MSEN1 | 1:19:44 | 21 | 0:13:23 | 70 | 0:41:05 | 44 | 0:54:28 | 134 | 0:25:15 |
| 61 | 431 | Adolphy, Stephan | 82 | *Bochum | 8 | MAK1 | 1:19:54 | 47 | 0:15:02 | 108 | 0:42:28 | 62 | 0:57:31 | 66 | 0:22:22 |
| 62 | 200 | Schweer, Oliver | 71 | Hollandse Frietjes | 21 | MAK4 | 1:20:09 | 65 | 0:16:05 | 78 | 0:41:15 | 60 | 0:57:20 | 80 | 0:22:48 |
| 63 | 351 | Zaremba, Uwe | 59 | *Hilden | 8 | MSEN2 | 1:20:19 | 108 | 0:18:36 | 58 | 0:40:22 | 82 | 0:58:59 | 41 | 0:21:20 |
| 64 | 261 | Schulenburg, Uwe | 62 | Sparkasse Dortmund | 10 | MSEN1 | 1:20:21 | 71 | 0:16:29 | 87 | 0:41:37 | 69 | 0:58:06 | 61 | 0:22:14 |
| 65 | 246 | Schmitz, Georg | 43 | TVK 1877 Essen | 1 | MSEN5 | 1:20:33 | 83 | 0:17:33 | 45 | 0:39:37 | 57 | 0:57:10 | 98 | 0:23:22 |
| 66 | 300 | Meurer, Dirk | 67 | Triathlon Team Witten | 22 | MAK4 | 1:20:35 | 128 | 0:20:10 | 54 | 0:40:10 | 96 | 1:00:20 | 25 | 0:20:15 |
| 67 | 339 | Walter, Marc | 75 | *Dortmund | 3 | MAK3 | 1:20:41 | 99 | 0:18:16 | 71 | 0:41:05 | 85 | 0:59:21 | 40 | 0:21:20 |
| 68 | 344 | Schöler, Burkhard | 62 | MLK-Gesamtschule | 11 | MSEN1 | 1:20:45 | 74 | 0:16:41 | 75 | 0:41:11 | 65 | 0:57:52 | 81 | 0:22:53 |
| 69 | 298 | Sengotta, Jens | 71 | *Holzwickede | 23 | MAK4 | 1:20:53 | 76 | 0:16:46 | 68 | 0:40:55 | 63 | 0:57:41 | 89 | 0:23:12 |
| 70 | 464 | Mruck, Andreas | 65 | Kamen | 12 | MSEN1 | 1:21:02 | 84 | 0:17:45 | 59 | 0:40:22 | 70 | 0:58:08 | 83 | 0:22:54 |
| 71 | 289 | Chuleck, Frank | 61 | *Kamen | 9 | MSEN2 | 1:21:04 | 63 | 0:15:58 | 94 | 0:42:00 | 66 | 0:57:58 | 85 | 0:23:05 |
| 72 | 371 | Meyer, Markus | 74 | *Dortmund | 4 | MAK3 | 1:21:07 | 111 | 0:19:03 | 65 | 0:40:38 | 90 | 0:59:41 | 45 | 0:21:25 |
| 73 | 377 | Böhmer, Frank | 73 | TV Goch | 5 | MAK3 | 1:21:17 | 66 | 0:16:11 | 35 | 0:39:02 | 51 | 0:55:14 | 142 | 0:26:03 |
| 74 | 256 | Reinsch, Uwe | 66 | ASC Weissbachtal | 13 | MSEN1 | 1:21:19 | 109 | 0:18:45 | 76 | 0:41:11 | 93 | 0:59:56 | 43 | 0:21:23 |
| 75 | 399 | Achenbach, Darian | 86 | Hobbyjogger.de | 9 | MAK1 | 1:21:24 | 121 | 0:19:38 | 91 | 0:41:51 | 113 | 1:01:30 | 20 | 0:19:54 |
| 76 | 238 | Melzer, Manfred | 47 | Tus Jahn Ohle | 1 | MSEN4 | 1:21:35 | 85 | 0:17:46 | 84 | 0:41:28 | 83 | 0:59:14 | 65 | 0:22:21 |
| 77 | 259 | Nordheim, Dietmar | 63 | *Wetter | 14 | MSEN1 | 1:21:35 | 114 | 0:19:08 | 57 | 0:40:22 | 87 | 0:59:30 | 58 | 0:22:05 |
| 78 | 433 | Mendelin, Michael | 57 | Viermärker Dortmund | 10 | MSEN2 | 1:21:36 | 91 | 0:17:59 | 100 | 0:42:10 | 95 | 1:00:10 | 46 | 0:21:26 |
| 79 | 325 | Murawski, Fred | 51 | LT Bittermark Dortmund | 2 | MSEN4 | 1:21:36 | 88 | 0:17:53 | 114 | 0:42:49 | 102 | 1:00:42 | 31 | 0:20:54 |
| 80 | 272 | Köhler, Christoph | 67 | *Duisburg | 24 | MAK4 | 1:21:41 | 87 | 0:17:50 | 69 | 0:41:01 | 80 | 0:58:52 | 79 | 0:22:48 |
| 81 | 364 | Steuck, Siegbert | 44 | *Düsseldorf | 2 | MSEN5 | 1:21:56 | 30 | 0:14:13 | 138 | 0:44:26 | 77 | 0:58:39 | 92 | 0:23:16 |
| 82 | 449 | Ausbüttel, Ulrich | 64 | Tri-Geckos Dortmund | 15 | MSEN1 | 1:21:58 | 101 | 0:18:19 | 55 | 0:40:14 | 76 | 0:58:34 | 100 | 0:23:24 |
| 83 | 273 | Krys, Alexander | 71 | *Dortmund | 25 | MAK4 | 1:22:03 | 70 | 0:16:19 | 88 | 0:41:39 | 67 | 0:57:59 | 113 | 0:24:03 |
| 84 | 235 | Masling, Franz | 60 | Tauchsport Plettenberg e.V. | 11 | MSEN2 | 1:22:04 | 50 | 0:15:09 | 104 | 0:42:20 | 61 | 0:57:29 | 123 | 0:24:35 |
| 85 | 312 | Drewes, Heribert | 40 | *Herne | 1 | MSEN6 | 1:22:11 | 98 | 0:18:15 | 61 | 0:40:27 | 78 | 0:58:43 | 101 | 0:23:27 |
| 86 | 348 | Fast, Peter | 74 | MLK-Gesamtschule | 6 | MAK3 | 1:22:15 | 116 | 0:19:14 | 99 | 0:42:06 | 111 | 1:01:20 | 33 | 0:20:55 |
| 87 | 373 | Gasser, Marc | 70 | *Dortmund | 26 | MAK4 | 1:22:21 | 140 | 0:20:27 | 53 | 0:40:09 | 101 | 1:00:36 | 53 | 0:21:44 |
| 88 | 355 | Meyer, Christoph | 66 | *Hamm | 16 | MSEN1 | 1:22:32 | 31 | 0:14:15 | 136 | 0:43:58 | 72 | 0:58:13 | 119 | 0:24:18 |
| 89 | 288 | Reindel, Matthias | 61 | *Dortmund | 12 | MSEN2 | 1:22:34 | 156 | 0:21:08 | 47 | 0:39:40 | 104 | 1:00:49 | 54 | 0:21:45 |
| 90 | 414 | Friedenberger, Marco | 86 | Hobbyjogger.de | 10 | MAK1 | 1:22:51 | 160 | 0:21:24 | 124 | 0:43:16 | 138 | 1:04:40 | 6 | 0:18:10 |
| 91 | 349 | Schubert, Ulf | 70 | MLK-Gesamtschule | 27 | MAK4 | 1:22:53 | 103 | 0:18:22 | 74 | 0:41:09 | 88 | 0:59:31 | 97 | 0:23:21 |
| 92 | 440 | Hake, Fritz | 53 | *Kamen | 4 | MSEN3 | 1:22:54 | 102 | 0:18:20 | 116 | 0:42:56 | 107 | 1:01:17 | 51 | 0:21:37 |
| 93 | 280 | Jesche, Georg | 62 | 1. Schwertler Squash-Club | 17 | MSEN1 | 1:22:57 | 106 | 0:18:30 | 80 | 0:41:17 | 91 | 0:59:47 | 88 | 0:23:10 |
| 94 | 446 | Rademacker, Jan | 90 | MC Cappenberg | 4 | MJA | 1:23:05 | 92 | 0:18:00 | 105 | 0:42:21 | 97 | 1:00:21 | 76 | 0:22:44 |
| 95 | 388 | Arnold, Ronny | 73 | DIE KURIERE Essen | 7 | MAK3 | 1:23:16 | 95 | 0:18:04 | 96 | 0:42:03 | 94 | 1:00:07 | 86 | 0:23:08 |
| 96 | 275 | Selter, Uli | 57 | *Attendorf | 13 | MSEN2 | 1:23:45 | 110 | 0:19:02 | 56 | 0:40:16 | 84 | 0:59:18 | 122 | 0:24:26 |
| 97 | 279 | Hoven, Werner | 62 | Rose Tri Team | 18 | MSEN1 | 1:23:49 | 77 | 0:16:57 | 89 | 0:41:47 | 79 | 0:58:44 | 131 | 0:25:04 |
| 98 | 411 | Matull, Kai | 63 | TSV Kirchlinde Dortmund | 19 | MSEN1 | 1:23:57 | 96 | 0:18:06 | 127 | 0:43:23 | 112 | 1:01:29 | 68 | 0:22:28 |
| 99 | 220 | Balder, Bert | 60 | Tri-As Hamm | 14 | MSEN2 | 1:24:02 | 69 | 0:16:15 | 111 | 0:42:37 | 81 | 0:58:53 | 132 | 0:25:09 |
| 100 | 367 | Klein, Hubertus | 53 | TVE Barop | 5 | MSEN3 | 1:24:07 | 154 | 0:20:58 | 52 | 0:40:08 | 105 | 1:01:06 | 84 | 0:23:00 |
| 101 | 427 | Schad, Fredy | 59 | LT Brechten | 15 | MSEN2 | 1:24:09 | 123 | 0:19:50 | 98 | 0:42:06 | 119 | 1:01:56 | 60 | 0:22:42 |
| 102 | 335 | Thomas, Dirk | 70 | *Dortmund | 28 | MAK4 | 1:24:11 | 137 | 0:20:25 | 73 | 0:41:06 | 114 | 1:01:31 | 75 | 0:22:40 |
| 103 | 354 | Gröber, Rolf | 66 | *Duisburg | 20 | MSEN1 | 1:24:14 | 136 | 0:20:24 | 86 | 0:41:34 | 120 | 1:01:58 | 62 | 0:22:16 |
| 104 | 360 | Vorwald, Peter | 69 | TuS Scharnhorst Dortmund | 29 | MAK4 | 1:24:28 | 151 | 0:20:46 | 48 | 0:39:43 | 99 | 1:00:30 | 111 | 0:23:58 |
| 105 | 444 | Poggenpohl, Thomas | 66 | RC Rude Köpp | 21 | MSEN1 | 1:24:29 | 62 | 0:15:50 | 101 | 0:42:13 | 68 | 0:58:04 | 147 | 0:26:25 |
| 106 | 423 | Alfuth, Kevin | 77 | *Essen | 9 | MAK2 | 1:24:51 | 86 | 0:17:50 | 125 | 0:43:16 | 106 | 1:01:07 | 105 | 0:23:43 |
| 107 | 252 | Frackowiak, Thomas | 64 | *Witten | 22 | MSEN1 | 1:24:51 | 53 | 0:15:12 | 97 | 0:42:06 | 59 | 0:57:18 | 158 | 0:27:32 |
| 108 | 393 | Bartling, Hendrik | 78 | *Herten | 10 | MAK2 | 1:24:53 | 29 | 0:14:07 | 137 | 0:44:12 | 74 | 0:58:19 | 149 | 0:26:34 |
| 109 | 386 | Walther, Wilhelm | 59 | TuS Uentrop | 16 | MSEN2 | 1:25:08 | 126 | 0:20:05 | 77 | 0:41:14 | 110 | 1:01:20 | 106 | 0:23:48 |
| 110 | 209 | Jäger, Klaus | 53 | Turbo-Schnecken Lüdenscheid | 6 | MSEN3 | 1:25:22 | 169 | 0:22:18 | 107 | 0:42:24 | 139 | 1:04:42 | 28 | 0:20:40 |
| 111 | 374 | Schulz, Andreas | 58 | BSG Stadtwerke Dinslaken | 17 | MSEN2 | 1:26:05 | 145 | 0:20:35 | 129 | 0:43:25 | 130 | 1:04:00 | 59 | 0:22:05 |
| 112 | 465 | Deiters, Dirk | 65 | *Herdecke | 23 | MSEN1 | 1:26:06 | 81 | 0:17:15 | 140 | 0:44:31 | 117 | 1:01:46 | 120 | 0:24:19 |

| | | | | | | | | | | | | |
|-----|----------------------------|-----------------------------------|----------|---------|-----|---------|-----|---------|-----|---------|-----|---------|
| 113 | 212 Behre, Edgar | 59 *Ense | 18 MSEN2 | 1:26:18 | 46 | 0:14:56 | 130 | 0:43:31 | 75 | 0:58:27 | 165 | 0:27:51 |
| 114 | 313 Samland, Detlef | 57 LT Starlight Team Essen | 19 MSEN2 | 1:26:23 | 107 | 0:18:34 | 122 | 0:43:09 | 116 | 1:01:43 | 124 | 0:24:39 |
| 115 | 398 Achenbach, Marvin | 80 Hobbyjogger.de | 11 MAK2 | 1:26:23 | 166 | 0:22:12 | 112 | 0:42:43 | 144 | 1:04:56 | 47 | 0:21:27 |
| 116 | 221 Krause, Stefan | 69 *Castrop-Rauxel | 30 MAK4 | 1:26:34 | 184 | 0:24:08 | 66 | 0:40:47 | 143 | 1:04:56 | 52 | 0:21:37 |
| 117 | 459 Laske, Matthias | 60 *Dortmund | 20 MSEN2 | 1:26:47 | 133 | 0:20:20 | 79 | 0:41:16 | 115 | 1:01:36 | 133 | 0:25:11 |
| 118 | 269 Wegelin, Dieter | 55 *Dortmund | 7 MSEN3 | 1:27:10 | 153 | 0:20:57 | 82 | 0:41:22 | 124 | 1:02:19 | 127 | 0:24:50 |
| 119 | 213 Tasche, Andreas | 59 *Dortmund | 21 MSEN2 | 1:27:23 | 104 | 0:18:22 | 165 | 0:46:36 | 145 | 1:04:58 | 67 | 0:22:24 |
| 120 | 314 Tauber, Thomas | 64 *Ennepetal | 24 MSEN1 | 1:27:24 | 82 | 0:17:19 | 121 | 0:43:07 | 98 | 1:00:27 | 154 | 0:26:56 |
| 121 | 468 Malbrant, Alex | 63 *Erwitte | 25 MSEN1 | 1:27:33 | 73 | 0:16:40 | 141 | 0:44:39 | 109 | 1:01:19 | 144 | 0:26:13 |
| 122 | 443 Kreklau, Egbert | 77 *Dortmund | 12 MAK2 | 1:27:54 | 42 | 0:14:44 | 145 | 0:44:51 | 89 | 0:59:35 | 168 | 0:28:18 |
| 123 | 362 Lander, Wolfgang | 51 *Recklinghausen | 3 MSEN4 | 1:27:57 | 157 | 0:21:14 | 119 | 0:43:03 | 135 | 1:04:17 | 104 | 0:23:40 |
| 124 | 316 Käsbach, Mathias | 75 *Odenthal | 8 MAK3 | 1:28:14 | 118 | 0:19:17 | 118 | 0:42:59 | 123 | 1:02:16 | 140 | 0:25:57 |
| 125 | 336 Zielke, Sascha | 71 *Dortmund | 31 MAK4 | 1:28:17 | 130 | 0:20:14 | 135 | 0:43:48 | 132 | 1:04:03 | 117 | 0:24:13 |
| 126 | 436 Tintrup, Dr. Dirk | 63 *Dortmund | 26 MSEN1 | 1:28:17 | 135 | 0:20:23 | 132 | 0:43:46 | 133 | 1:04:10 | 114 | 0:24:07 |
| 127 | 243 Westermeier, Andreas | 63 LT Wischlingen Dortmund | 27 MSEN1 | 1:28:18 | 155 | 0:21:07 | 146 | 0:44:51 | 154 | 1:05:58 | 64 | 0:22:19 |
| 128 | 208 Hellwig, Sammy | 38 Tri Michels Hamburg | 2 MSEN6 | 1:28:23 | 60 | 0:15:47 | 95 | 0:42:03 | 64 | 0:57:51 | 182 | 0:30:32 |
| 129 | 251 Menn, Martin | 68 Ultra Team Cronenberg | 32 MAK4 | 1:28:26 | 115 | 0:19:13 | 158 | 0:45:57 | 147 | 1:05:11 | 91 | 0:23:14 |
| 130 | 302 Küpper, Thomas | 67 *Datteln | 33 MAK4 | 1:28:27 | 134 | 0:20:22 | 85 | 0:41:33 | 118 | 1:01:55 | 148 | 0:26:31 |
| 131 | 352 van Noort, Thomas | 66 AS vanthomas | 28 MSEN1 | 1:28:29 | 158 | 0:21:14 | 159 | 0:46:00 | 158 | 1:07:15 | 37 | 0:21:14 |
| 132 | 383 Toepler, Rolf | 52 LT Bittermark Dortmund | 8 MSEN3 | 1:28:36 | 167 | 0:22:14 | 115 | 0:42:54 | 146 | 1:05:08 | 102 | 0:23:28 |
| 133 | 372 Gasser, Peter | 43 *Dortmund | 3 MSEN5 | 1:28:46 | 127 | 0:20:08 | 60 | 0:40:22 | 100 | 1:00:31 | 167 | 0:28:15 |
| 134 | 278 Klein, Hans | 67 Breitensport DJK Buderich | 34 MAK4 | 1:28:48 | 170 | 0:22:21 | 110 | 0:42:33 | 142 | 1:04:54 | 109 | 0:23:54 |
| 135 | 359 Hansmeyer, Holger | 68 *Dortmund | 35 MAK4 | 1:29:30 | 168 | 0:22:17 | 123 | 0:43:12 | 150 | 1:05:29 | 112 | 0:24:00 |
| 136 | 284 Greven, Volker | 48 TV Borken | 4 MSEN4 | 1:29:30 | 105 | 0:18:29 | 134 | 0:43:47 | 122 | 1:02:16 | 156 | 0:27:14 |
| 137 | 456 Drechsler, Hans-Jürgen | 61 LT Bittermark Dortmund | 22 MSEN2 | 1:29:38 | 162 | 0:21:30 | 150 | 0:45:14 | 156 | 1:06:44 | 82 | 0:22:53 |
| 138 | 295 Kreusel, Dirk | 65 *Dortmund | 29 MSEN1 | 1:29:47 | 89 | 0:17:54 | 128 | 0:43:24 | 108 | 1:01:19 | 171 | 0:28:28 |
| 139 | 438 David, Fabian | 66 *Dortmund | 30 MSEN1 | 1:29:58 | 119 | 0:19:30 | 117 | 0:42:59 | 127 | 1:02:30 | 157 | 0:27:28 |
| 140 | 232 Hintzen, Hans-Gerd | 59 *Hückelhoven | 23 MSEN2 | 1:30:02 | 97 | 0:18:13 | 164 | 0:46:18 | 136 | 1:04:31 | 138 | 0:25:30 |
| 141 | 249 Honerpeik, Reinhard | 66 GW Albersloh 40 | 31 MSEN1 | 1:30:03 | 149 | 0:20:46 | 148 | 0:45:07 | 153 | 1:05:54 | 116 | 0:24:09 |
| 142 | 428 Jaschinski, Holger | 67 *Wiemersdorf | 36 MAK4 | 1:30:14 | 124 | 0:19:56 | 109 | 0:42:32 | 126 | 1:02:29 | 161 | 0:27:45 |
| 143 | 361 Hagemann, Ralf | 39 Tri-Club Wuppertal | 3 MSEN6 | 1:30:18 | 122 | 0:19:41 | 113 | 0:42:47 | 125 | 1:02:29 | 162 | 0:27:49 |
| 144 | 317 Baldamus, Jörg | 66 LDT-Bochum | 32 MSEN1 | 1:30:30 | 75 | 0:16:41 | 153 | 0:45:26 | 121 | 1:02:08 | 169 | 0:28:22 |
| 145 | 345 Aswerus, Ralf | 54 MLK-Gesamtschule | 9 MSEN3 | 1:30:33 | 159 | 0:21:16 | 173 | 0:47:43 | 169 | 1:08:59 | 50 | 0:21:34 |
| 146 | 469 Rinsche, Jörg | 69 *Soest | 37 MAK4 | 1:30:36 | 90 | 0:17:58 | 167 | 0:46:39 | 137 | 1:04:37 | 141 | 0:25:59 |
| 147 | 389 Türk, Jens Titus | 68 *Dortmund | 38 MAK4 | 1:30:44 | 58 | 0:15:37 | 149 | 0:45:10 | 103 | 1:00:48 | 179 | 0:29:56 |
| 148 | 441 Hake, Axel | 89 *Kamen | 5 MJA | 1:30:49 | 93 | 0:18:00 | 157 | 0:45:57 | 129 | 1:03:57 | 152 | 0:26:51 |
| 149 | 211 Kindermann, Andreas | 78 *Oer-Erkenschwick | 13 MAK2 | 1:30:50 | 139 | 0:20:26 | 133 | 0:43:46 | 134 | 1:04:13 | 150 | 0:26:36 |
| 150 | 297 Pohl, Winfried | 65 *Dortmund | 33 MSEN1 | 1:30:52 | 80 | 0:17:10 | 185 | 0:50:22 | 159 | 1:07:33 | 95 | 0:23:19 |
| 151 | 365 Trabitzsch, Mathias | 59 LG Wuppertal | 24 MSEN2 | 1:30:53 | 180 | 0:23:15 | 160 | 0:46:04 | 171 | 1:09:20 | 49 | 0:21:33 |
| 152 | 216 Omlin, Thorsten | 71 *Schwerte | 39 MAK4 | 1:30:54 | 132 | 0:20:19 | 131 | 0:43:42 | 131 | 1:04:01 | 153 | 0:26:52 |
| 153 | 270 Rueckert, Thorsten | 69 *Dortmund | 40 MAK4 | 1:31:27 | 146 | 0:20:37 | 172 | 0:47:37 | 164 | 1:08:14 | 90 | 0:23:12 |
| 154 | 296 Schmelter, Martin | 60 TV Attendorn Tri-Time | 25 MSEN2 | 1:32:07 | 143 | 0:20:31 | 147 | 0:44:54 | 149 | 1:05:25 | 151 | 0:26:41 |
| 155 | 340 Löpenhaus, Robert | 64 *Bottrop | 34 MSEN1 | 1:32:17 | 113 | 0:19:07 | 143 | 0:44:46 | 128 | 1:03:54 | 170 | 0:28:22 |
| 156 | 319 Rachstein, Olaf | 74 *Bonn | 9 MAK3 | 1:32:22 | 120 | 0:19:33 | 175 | 0:48:39 | 163 | 1:08:12 | 115 | 0:24:09 |
| 157 | 267 Weckelmann, Günter | 54 Triathlon Team Witten | 10 MSEN3 | 1:32:53 | 191 | 0:25:38 | 142 | 0:44:42 | 175 | 1:10:20 | 69 | 0:22:32 |
| 158 | 415 Leci, Stephan | 69 *Dortmund | 41 MAK4 | 1:33:00 | 141 | 0:20:29 | 162 | 0:46:15 | 157 | 1:06:44 | 146 | 0:26:15 |
| 159 | 214 Rohde, Bernd | 55 TV Hoffnungsthal 07 | 11 MSEN3 | 1:33:24 | 174 | 0:22:29 | 120 | 0:43:04 | 151 | 1:05:33 | 164 | 0:27:50 |
| 160 | 452 Schulz, Detlef | 57 TVG Kaiserau | 26 MSEN2 | 1:33:55 | 125 | 0:19:58 | 161 | 0:46:12 | 155 | 1:06:10 | 160 | 0:27:44 |
| 161 | 405 Gutowski, Jörg | 66 *Niddatal | 35 MSEN1 | 1:33:56 | 142 | 0:20:30 | 171 | 0:47:15 | 161 | 1:07:46 | 143 | 0:26:10 |
| 162 | 426 Eil, Wolfgang | 50 *Hamm | 5 MSEN4 | 1:33:59 | 171 | 0:22:22 | 166 | 0:46:38 | 170 | 1:09:00 | 129 | 0:24:58 |
| 163 | 290 Kaufmann, Mario | 65 TV Attendorn Tri-Time | 36 MSEN1 | 1:34:10 | 129 | 0:20:12 | 139 | 0:44:31 | 140 | 1:04:43 | 178 | 0:29:27 |
| 164 | 463 Joppe, Heino | 71 Immer hart am Limit | 42 MAK4 | 1:34:22 | 181 | 0:23:24 | 93 | 0:41:59 | 148 | 1:05:23 | 173 | 0:28:59 |
| 165 | 266 Leischner, Michael | 57 *Dortmund | 27 MSEN2 | 1:34:41 | 165 | 0:22:11 | 162 | 0:46:15 | 166 | 1:08:27 | 145 | 0:26:14 |
| 166 | 206 Kausträter, Jost | 61 *Dortmund | 28 MSEN2 | 1:35:13 | 186 | 0:24:37 | 144 | 0:44:48 | 172 | 1:09:26 | 139 | 0:25:47 |
| 167 | 222 Firl, Tobias | 73 *Dortmund | 10 MAK3 | 1:35:51 | 182 | 0:23:33 | 152 | 0:45:19 | 168 | 1:08:52 | 155 | 0:26:59 |
| 168 | 294 Schöbel, Kay Patrick | 71 *Dortmund | 43 MAK4 | 1:36:40 | 190 | 0:25:32 | 126 | 0:43:19 | 167 | 1:08:51 | 162 | 0:27:49 |
| 169 | 286 Schindel, Manfred | 53 *Castrop-Rauxel | 12 MSEN3 | 1:36:42 | 150 | 0:20:46 | 186 | 0:50:37 | 178 | 1:11:24 | 135 | 0:25:17 |
| 169 | 324 Noll, Siegfried | 59 *Herne | 29 MSEN2 | 1:36:42 | 189 | 0:24:53 | 168 | 0:46:46 | 180 | 1:11:40 | 130 | 0:25:01 |
| 171 | 264 Bethke, Jürgen | 63 *Bochum | 37 MSEN1 | 1:37:00 | 185 | 0:24:27 | 178 | 0:49:11 | 186 | 1:13:38 | 99 | 0:23:22 |
| 172 | 218 Kaffenberger, Ralf | 59 BSG Spada Bank West Düsseldorf | 30 MSEN2 | 1:37:08 | 172 | 0:22:24 | 155 | 0:45:42 | 162 | 1:08:07 | 174 | 0:29:01 |

| | | | | | | | | | | | | | | | |
|-----|-----|--------------------------|----|------------------------|----|-------|---------|-----|---------|-----|---------|-----|---------|-----|---------|
| 173 | 378 | Cinci, Bayram | 71 | *Dortmund | 44 | MAK4 | 1:37:08 | 164 | 0:22:05 | 181 | 0:49:37 | 181 | 1:11:42 | 137 | 0:25:25 |
| 174 | 229 | vom Hofe, Ekkehard | 56 | TSG Wehberg | 13 | MSEN3 | 1:38:11 | 152 | 0:20:51 | 182 | 0:49:43 | 177 | 1:10:35 | 159 | 0:27:36 |
| 175 | 254 | Beier, Thomas | 52 | TSG Wehberg | 14 | MSEN3 | 1:38:11 | 177 | 0:22:47 | 183 | 0:50:00 | 183 | 1:12:48 | 136 | 0:25:23 |
| 176 | 332 | Grimme, Ralf | 66 | sport:optic | 38 | MSEN1 | 1:38:57 | 148 | 0:20:45 | 180 | 0:49:36 | 176 | 1:10:21 | 172 | 0:28:35 |
| 177 | 391 | Labohm, Eckard | 51 | Viermärker Dortmund | 6 | MSEN4 | 1:39:35 | 173 | 0:22:28 | 170 | 0:47:06 | 173 | 1:09:35 | 180 | 0:30:00 |
| 178 | 466 | Neumann, Eckhard | 52 | *Werl | 15 | MSEN3 | 1:39:42 | 187 | 0:24:44 | 169 | 0:46:50 | 179 | 1:11:35 | 166 | 0:28:06 |
| 179 | 215 | Becker, Hermann-Josef | 60 | Düsseldorfer Lauflöwen | 31 | MSEN2 | 1:40:46 | 161 | 0:21:26 | 176 | 0:48:48 | 174 | 1:10:14 | 181 | 0:30:32 |
| 180 | 392 | Schuchert, Frank | 66 | *Bochum | 39 | MSEN1 | 1:41:12 | 112 | 0:19:06 | 156 | 0:45:47 | 141 | 1:04:54 | 189 | 0:36:18 |
| 181 | 435 | Blüggel-Musielak, Martin | 68 | *Castrop-Rauxel | 45 | MAK4 | 1:41:16 | 179 | 0:23:00 | 177 | 0:48:49 | 182 | 1:11:50 | 177 | 0:29:26 |
| 182 | 257 | Hirsch, Reinhold | 60 | *Dortmund | 32 | MSEN2 | 1:42:12 | 175 | 0:22:37 | 184 | 0:50:15 | 184 | 1:12:53 | 176 | 0:29:19 |
| 183 | 253 | Strackfeldt, Jürgen | 64 | *Dortmund | 40 | MSEN1 | 1:42:26 | 194 | 0:27:33 | 154 | 0:45:35 | 185 | 1:13:08 | 175 | 0:29:17 |
| 184 | 234 | Ehrenberg, Thomas | 63 | *Haan | 41 | MSEN1 | 1:43:22 | 131 | 0:20:14 | 174 | 0:48:04 | 165 | 1:08:19 | 188 | 0:35:02 |
| 185 | 400 | Fruck, Heinz | 33 | RV Witten 46 | 1 | MSEN7 | 1:46:23 | 178 | 0:22:50 | 190 | 0:51:50 | 188 | 1:14:40 | 185 | 0:31:42 |
| 186 | 334 | Weinert, Hans-Christian | 66 | *Bochum | 42 | MSEN1 | 1:48:43 | 188 | 0:24:51 | 189 | 0:51:48 | 190 | 1:16:40 | 186 | 0:32:02 |
| 187 | 265 | Kuffel, Lech | 61 | *Dortmund | 33 | MSEN2 | 1:49:19 | 143 | 0:20:31 | 151 | 0:45:15 | 152 | 1:05:46 | 193 | 0:43:32 |
| 188 | 422 | Klein-Vehne, Markus | 64 | *Dortmund | 43 | MSEN1 | 1:49:25 | 192 | 0:27:27 | 188 | 0:51:00 | 192 | 1:18:27 | 183 | 0:30:57 |
| 189 | 330 | Brehmer, Sven | 65 | *Dortmund | 44 | MSEN1 | 1:49:33 | 100 | 0:18:18 | 179 | 0:49:26 | 160 | 1:07:45 | 192 | 0:41:48 |
| 190 | 454 | Kommessin, Werner | 68 | *Dortmund | 46 | MAK4 | 1:50:00 | 193 | 0:27:32 | 187 | 0:50:52 | 191 | 1:18:24 | 184 | 0:31:35 |
| 191 | 219 | Gräber, Michael | 67 | | 47 | MAK4 | 1:50:00 | 138 | 0:20:25 | 192 | 0:55:17 | 189 | 1:15:42 | 187 | 0:34:17 |
| 192 | 204 | Müller, Bernd | 63 | *Recklinghausen | 45 | MSEN1 | 1:55:26 | 147 | 0:20:39 | 191 | 0:53:35 | 187 | 1:14:15 | 191 | 0:41:10 |
| 193 | 239 | Kamp, Christian | 77 | *Bönen | 14 | MAK2 | 2:00:57 | 183 | 0:23:46 | 193 | 1:00:14 | 194 | 1:24:00 | 190 | 0:36:57 |

| Frauen | | | | | | | | | | | | | | | |
|--------|----------|------------------------|----|-----------------------------|----|-------|---------|----|---------|----|---------|----|-----------|----|---------|
| Platz | Startnr. | Name | JG | Verein | pl | AK | Endzeit | pl | swim | pl | bike | pl | swim+bike | pl | run |
| 1 | 201 | Walter, Verena | 81 | Iserlohner Tri Team | 1 | WAK2 | 1:10:19 | 1 | 0:12:13 | 1 | 0:37:34 | 1 | 0:49:47 | 1 | 0:20:31 |
| 2 | 363 | Heimers, Tanja | 76 | TVG Kaiserau | 1 | WAK3 | 1:18:42 | 3 | 0:13:29 | 5 | 0:41:27 | 2 | 0:54:57 | 7 | 0:23:44 |
| 3 | 451 | Schmitz, Andrea | 67 | DSC 99 | 1 | WAK4 | 1:19:42 | 7 | 0:15:23 | 4 | 0:41:23 | 5 | 0:56:47 | 3 | 0:22:55 |
| 4 | 412 | Gutsche-Krüger, Steffi | 70 | SGE Ergste - Tripple Hippos | 2 | WAK4 | 1:20:01 | 2 | 0:12:44 | 11 | 0:43:15 | 4 | 0:56:00 | 9 | 0:24:01 |
| 5 | 353 | Jaschinski, Sabine | 78 | 1. Tri-Team Gütersloh | 2 | WAK2 | 1:20:49 | 6 | 0:14:33 | 2 | 0:40:27 | 3 | 0:55:00 | 17 | 0:25:48 |
| 6 | 224 | Albersmann, Annegret | 57 | LC Solbad Ravensberg | 1 | WSEN2 | 1:22:05 | 11 | 0:16:02 | 12 | 0:43:22 | 11 | 0:59:25 | 2 | 0:22:39 |
| 7 | 467 | Wildförster, Verena | 84 | Triathlon Team Witten | 1 | WAK1 | 1:22:29 | 12 | 0:16:24 | 10 | 0:42:19 | 10 | 0:58:44 | 8 | 0:23:45 |
| 8 | 322 | Herholz, Lil | 78 | *Datteln | 3 | WAK2 | 1:22:51 | 14 | 0:17:10 | 3 | 0:40:59 | 7 | 0:58:09 | 10 | 0:24:41 |
| 9 | 457 | Breskewitz, Katrin | 74 | SSC Berlin Triathlon | 2 | WAK3 | 1:23:24 | 8 | 0:15:33 | 8 | 0:42:05 | 6 | 0:57:38 | 16 | 0:25:45 |
| 10 | 429 | Ponndorf, Silke | 73 | TRC Essen | 3 | WAK3 | 1:23:29 | 4 | 0:13:35 | 14 | 0:45:02 | 8 | 0:58:38 | 12 | 0:24:50 |
| 11 | 274 | Selter, Sabine | 68 | *Attendorn | 3 | WAK4 | 1:23:45 | 13 | 0:16:39 | 7 | 0:42:03 | 9 | 0:58:42 | 13 | 0:25:02 |
| 12 | 406 | Schnurbusch, Manuela | 59 | LT Bittermark Dortmund | 2 | WSEN2 | 1:24:33 | 22 | 0:18:42 | 9 | 0:42:16 | 12 | 1:00:59 | 4 | 0:23:34 |
| 13 | 292 | Teichmann, Christa | 64 | Tri Team Hagen | 1 | WSEN1 | 1:24:52 | 10 | 0:16:00 | 15 | 0:45:15 | 13 | 1:01:16 | 5 | 0:23:36 |
| 14 | 338 | Moratschke, Sabrina | 79 | *Recklinghausen | 4 | WAK2 | 1:27:37 | 5 | 0:14:07 | 23 | 0:47:30 | 14 | 1:01:37 | 19 | 0:26:00 |
| 15 | 342 | Lenzowski, Sonja | 67 | *Dortmund | 4 | WAK4 | 1:28:20 | 28 | 0:20:13 | 6 | 0:41:43 | 16 | 1:01:56 | 21 | 0:26:23 |
| 16 | 207 | Bremer, Tracy | 51 | Tri Michels Hamburg | 1 | WSEN4 | 1:28:38 | 17 | 0:17:48 | 13 | 0:44:06 | 15 | 1:01:54 | 23 | 0:26:44 |
| 17 | 404 | Banz, Lisa | 88 | LDT-Bochum | 1 | WJUN | 1:29:51 | 25 | 0:19:15 | 16 | 0:45:17 | 17 | 1:04:33 | 14 | 0:25:17 |
| 18 | 244 | Jägers, Ulla | 63 | *Dortmund | 2 | WSEN1 | 1:31:51 | 31 | 0:20:47 | 19 | 0:46:22 | 23 | 1:07:09 | 11 | 0:24:42 |
| 19 | 439 | Pagon, Ulrike | 67 | TV Attendorn Tri-Time | 5 | WAK4 | 1:32:47 | 20 | 0:17:56 | 20 | 0:46:44 | 18 | 1:04:41 | 33 | 0:28:06 |
| 20 | 432 | Potthoff, Ute | 63 | Iserlohner Tri Team | 3 | WSEN1 | 1:33:22 | 21 | 0:18:40 | 25 | 0:47:46 | 19 | 1:06:26 | 25 | 0:26:55 |
| 21 | 299 | Rösener, Andrea | 78 | | 5 | WAK2 | 1:34:16 | 18 | 0:17:53 | 29 | 0:49:27 | 24 | 1:07:21 | 24 | 0:26:55 |
| 22 | 450 | Ausbüttel, Gisela | 61 | Tri-Geckos Dortmund | 3 | WSEN2 | 1:34:40 | 27 | 0:19:47 | 22 | 0:47:08 | 21 | 1:06:55 | 29 | 0:27:44 |
| 23 | 347 | Bentfeld, Sonja | 76 | MLK-Gesamtschule | 4 | WAK3 | 1:35:22 | 9 | 0:15:56 | 34 | 0:52:58 | 27 | 1:08:54 | 22 | 0:26:27 |
| 24 | 407 | Miltz, Kerstin | 67 | Turbo-Schnecken Lüdenscheid | 6 | WAK4 | 1:35:56 | 38 | 0:22:40 | 18 | 0:46:18 | 28 | 1:08:59 | 26 | 0:26:56 |
| 25 | 283 | Holey, Heidi | 51 | TG 1881 Düsseldorf | 2 | WSEN4 | 1:36:20 | 36 | 0:22:12 | 17 | 0:46:17 | 25 | 1:08:29 | 30 | 0:27:50 |
| 26 | 241 | van der Ploeg, Petra | 66 | *Leichlingen | 4 | WSEN1 | 1:36:31 | 37 | 0:22:38 | 24 | 0:47:44 | 30 | 1:10:22 | 20 | 0:26:09 |
| 27 | 262 | Katzenberger, Andrea | 62 | Tri Club Wuppertal | 5 | WSEN1 | 1:36:42 | 32 | 0:20:49 | 27 | 0:48:01 | 26 | 1:08:51 | 31 | 0:27:51 |
| 28 | 390 | Becker, Susanne | 64 | *Düsseldorf | 6 | WSEN1 | 1:36:54 | 29 | 0:20:18 | 21 | 0:46:48 | 22 | 1:07:06 | 35 | 0:29:47 |
| 29 | 410 | Teichert, Simone | 71 | Werne | 7 | WAK4 | 1:37:36 | 19 | 0:17:55 | 28 | 0:48:48 | 20 | 1:06:44 | 36 | 0:30:52 |
| 30 | 366 | Rimbach, Tina | 63 | *Wuppertal | 7 | WSEN1 | 1:38:08 | 24 | 0:19:12 | 35 | 0:53:02 | 32 | 1:12:15 | 18 | 0:25:52 |
| 31 | 333 | Grimme, Katja | 67 | sport:optic | 8 | WAK4 | 1:38:48 | 35 | 0:21:33 | 30 | 0:50:16 | 31 | 1:11:49 | 27 | 0:26:58 |
| 32 | 346 | Aswerus, Marlies | 59 | MLK-Gesamtschule | 4 | WSEN2 | 1:40:22 | 39 | 0:22:46 | 32 | 0:51:53 | 35 | 1:14:39 | 15 | 0:25:43 |
| 33 | 420 | Kolenda, Evelyn Maria | 69 | *Dortmund | 9 | WAK4 | 1:41:14 | 40 | 0:22:50 | 36 | 0:54:39 | 39 | 1:17:30 | 6 | 0:23:43 |
| 34 | 258 | Hirsch, Monika | 60 | *Dortmund | 5 | WSEN2 | 1:42:12 | 30 | 0:20:21 | 33 | 0:52:32 | 33 | 1:12:54 | 34 | 0:29:18 |
| 35 | 416 | Böge, Kristin | 84 | *Dortmund | 2 | WAK1 | 1:42:28 | 44 | 0:27:28 | 26 | 0:47:49 | 37 | 1:15:17 | 28 | 0:27:11 |

| | | | | | | | | | | | | |
|----|-----------------------|--------------------|---------|---------|----|---------|----|---------|----|---------|----|---------|
| 36 | 424 Hoffmann, Jessica | 80 *Bochum | 6 WAK2 | 1:42:34 | 15 | 0:17:36 | 39 | 0:57:05 | 36 | 1:14:41 | 32 | 0:27:52 |
| 37 | 376 Pinetzki, Katrin | 75 *Dortmund | 5 WAK3 | 1:43:31 | 26 | 0:19:46 | 31 | 0:50:34 | 29 | 1:10:20 | 38 | 0:33:10 |
| 38 | 380 Obrikat, Kerstin | 73 *Hamm | 6 WAK3 | 1:44:43 | 16 | 0:17:47 | 37 | 0:55:41 | 34 | 1:13:29 | 37 | 0:31:14 |
| 39 | 231 Heil, Sabine | 71 *Kamen | 10 WAK4 | 1:49:11 | 23 | 0:19:07 | 38 | 0:56:36 | 38 | 1:15:43 | 39 | 0:33:28 |
| 40 | 285 Schindel, Monika | 59 *Castrop-Rauxel | 6 WSEN2 | 1:53:32 | 34 | 0:21:02 | 40 | 0:57:17 | 40 | 1:18:19 | 41 | 0:35:12 |
| 41 | 202 Wittenberg, Petra | 60 *Hamm | 7 WSEN2 | 1:53:32 | 33 | 0:20:59 | 43 | 0:58:50 | 41 | 1:19:49 | 40 | 0:33:42 |
| 42 | 255 Vock, Rita | 78 *Köln | 7 WAK2 | 1:58:56 | 43 | 0:23:51 | 42 | 0:58:40 | 43 | 1:22:31 | 42 | 0:36:24 |
| 43 | 276 Forstmann, Elke | 79 *Osnabrück | 8 WAK2 | 2:00:01 | 42 | 0:23:51 | 41 | 0:57:46 | 42 | 1:21:37 | 43 | 0:38:23 |