

10. Westfalentriathlon

Ergebnisse / Results

Männer - Frauen / Division

inofficial result

Volksdistanz (0,75-20-5)

10.07.2011

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AK MJugA

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	400	Kost, Niklas	TRI-TEAM HAGEN	DEU	0:10:30 (4.)	0:34:50 (18.)	0:19:31 (5.)	01:04:50	
2	543	Lambing, Max	Tri-Geckos Dortmund	DEU	0:12:24 (16.)	0:34:02 (12.)	0:20:39 (18.)	01:07:04	+00:02:14
3	494	Stratmann, Jan	TVK 1877 Essen	DEU	0:13:16 (26.)	0:35:38 (29.)	0:21:08 (29.)	01:10:01	+00:05:11
4	487	Scholl, Lukas	TRI-TIME ATTENDC	DEU	0:11:30 (11.)	0:36:53 (47.)	0:22:45 (61.)	01:11:07	+00:06:17
5	544	Schweitzer, Jan Heni	Tri-Geckos Dortmund	DEU	0:12:58 (22.)	0:35:13 (24.)	0:23:27 (81.)	01:11:36	+00:06:46

AK MJun

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	436	Möller, Hendrik	TRI-TEAM HAGEN	DEU	0:10:19 (2.)	0:31:02 (2.)	0:19:00 (2.)	01:00:21	
2	469	Rehm, Tobias	TRI-TEAM HAGEN	DEU	0:10:27 (3.)	0:33:47 (10.)	0:20:31 (14.)	01:04:43	+00:04:22
3	428	Meise, Benedikt		DEU	0:15:19 (65.)	0:39:21 (93.)	0:21:43 (44.)	01:16:22	+00:16:01
4	304	Barth Neto, Mario		DEU	0:16:17 (83.)	0:39:27 (95.)	0:21:42 (42.)	01:17:25	+00:17:04
5	351	Fandel, Luiz		DEU	0:16:47 (91.)	0:39:37 (96.)	0:21:26 (37.)	01:17:50	+00:17:29
6	301	Babosek, Tim	Sv Brackel 06	DEU	0:18:02 (131.)	0:40:15 (104.)	0:21:48 (46.)	01:20:04	+00:19:43
7	499	Silva Ferreira, Kevin		DEU	0:18:46 (143.)	0:45:01 (148.)	0:20:45 (21.)	01:24:31	+00:24:10
8	374	Hannover, Yannic		DEU	0:19:53 (154.)	0:44:10 (142.)	0:23:48 (89.)	01:27:50	+00:27:29
9	390	Karschuck, Arwed Folker		DEU	0:17:24 (111.)	0:46:07 (152.)	0:24:52 (109.)	01:28:23	+00:28:02
10	470	Resch, Daniel		DEU	0:18:39 (139.)	0:45:18 (149.)	0:25:16 (114.)	01:29:12	+00:28:51
11	336	Cierniak, Tim		DEU	0:18:39 (138.)	0:44:18 (144.)	0:29:05 (145.)	01:32:01	+00:31:40

AK MAK1

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	546	Zahn, Paul	Tri-Geckos Dortmund	DEU	0:10:32 (5.)	0:30:51 (1.)	0:20:37 (17.)	01:01:59	
2	373	Kracewski, Christian	Tri-Geckos Dortmund	DEU	0:12:08 (14.)	0:38:10 (71.)	0:23:01 (66.)	01:13:18	+00:11:19
3	467	Reese, Björn		DEU	0:10:42 (6.)	0:41:26 (120.)	0:24:37 (105.)	01:16:44	+00:14:45
4	449	Nienaber, Matthias		DEU	0:16:42 (89.)	0:38:37 (81.)	0:22:04 (48.)	01:17:22	+00:15:23
5	484	Schmidt, Marvin		DEU	0:17:53 (128.)	0:40:24 (108.)	0:20:55 (25.)	01:19:11	+00:17:12
6	431	Methling, Benedikt		DEU	0:17:35 (116.)	0:38:34 (78.)	0:23:41 (88.)	01:19:49	+00:17:50
7	396	Klemme, Christian		DEU	0:16:30 (88.)	0:40:16 (105.)	0:23:40 (87.)	01:20:25	+00:18:26
8	327	Brüggemann, Adrian	Grün-Weiß-Kley (Fus	DEU	0:17:24 (109.)	0:44:29 (146.)	0:25:03 (111.)	01:26:55	+00:24:56
9	529	Wangard, Marc		DEU	0:21:10 (158.)	0:42:57 (135.)	0:26:11 (131.)	01:30:17	+00:28:18

AK MAK2

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	309	Berg, Torsten		DEU	0:12:17 (15.)	0:33:23 (7.)	0:19:29 (4.)	01:05:08	
2	382	Hoppe, Sebastian	SV-Blau Weiss Boch	DEU	0:10:10 (1.)	0:33:32 (9.)	0:23:13 (75.)	01:06:54	+00:01:46
3	448	Neumann, Marcel	SC Bayer 05 Uerdinç	DEU	0:12:42 (19.)	0:34:15 (14.)	0:20:55 (24.)	01:07:51	+00:02:43
4	503	Spanel, Andreas	Union BW Biesfeld T	DEU	0:12:46 (20.)	0:34:15 (13.)	0:21:11 (31.)	01:08:11	+00:03:04
5	505	Starschich, Sergej	DJK Teutonia St.Tön	DEU	0:12:40 (18.)	0:36:11 (35.)	0:20:22 (11.)	01:09:11	+00:04:03
6	451	Nikolov, Rayko		DEU	0:14:03 (38.)	0:34:52 (20.)	0:21:35 (41.)	01:10:30	+00:05:22
7	326	Viktor, Dittebrandt	Sign-In Ebly Triathlor	BRA	0:13:57 (34.)	0:35:42 (30.)	0:21:04 (27.)	01:10:42	+00:05:34
8	361	Gawlik, Christian		DEU	0:13:46 (30.)	0:35:34 (28.)	0:21:24 (35.)	01:10:43	+00:05:35

9	516 Tillmann, Tobias	Tritus SV Neptun Nel	DEU	0:13:55 (32.)	0:33:55 (11.)	0:23:05 (70.)	01:10:54	+00:05:46
10	334 Buss, Florian	Tri-Team Hagen	DEU	0:15:28 (70.)	0:36:49 (44.)	0:22:13 (50.)	01:14:28	+00:09:20
11	420 Lippmann, Torben		DEU	0:14:30 (47.)	0:37:41 (60.)	0:22:41 (59.)	01:14:51	+00:09:43
12	307 Berensdorff, Robert		DEU	0:17:19 (105.)	0:38:00 (66.)	0:25:51 (125.)	01:21:08	+00:16:00
13	459 Pelz, Thomas		DEU	0:17:36 (118.)	0:38:18 (72.)	0:25:53 (126.)	01:21:46	+00:16:38
14	538 Zechmeister, Roman		DEU	0:17:13 (103.)	0:41:22 (119.)	0:24:22 (99.)	01:22:56	+00:17:48
15	471 Reuter, Marco		DEU	0:14:59 (58.)	0:42:07 (125.)	0:27:26 (140.)	01:24:31	+00:19:23
16	360 Garthe, Dennis	Dortmunder Motorsp	DEU	0:20:16 (156.)	0:44:54 (147.)	0:25:38 (119.)	01:30:47	+00:25:39
17	434 Mitschka-Meise, Martin		DEU	0:14:08 (42.)	0:46:34 (153.)	0:30:09 (149.)	01:30:51	+00:25:43
18	468 Reese, Maik		DEU	0:14:10 (43.)	0:44:29 (145.)	0:34:08 (155.)	01:32:46	+00:27:38

AK MAK3

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	333	Burkhardt, Tobias		DEU	0:13:12 (24.)	0:32:08 (5.)	0:19:38 (6.)	01:04:56	
2	475	Rogoll, Jan	TVG Kaiserau	DEU	0:10:51 (8.)	0:33:22 (6.)	0:21:10 (30.)	01:05:22	+00:00:26
3	524	Völker, Eike		DEU	0:13:15 (25.)	0:31:51 (3.)	0:20:54 (23.)	01:05:59	+00:01:03
4	375	Hauber, Jens		DEU	0:11:37 (13.)	0:34:56 (21.)	0:22:21 (54.)	01:08:54	+00:03:58
5	321	Pohlmann, Rene	TRI-TEAM HAGEN	DEU	0:11:34 (12.)	0:36:20 (36.)	0:21:00 (26.)	01:08:54	+00:03:58
6	408	Kroll, Dennis	LTV Lippstadt	DEU	0:13:23 (28.)	0:34:52 (19.)	0:21:47 (45.)	01:10:01	+00:05:05
7	331	Bühne, Johannes		DEU	0:17:47 (125.)	0:34:16 (15.)	0:18:08 (1.)	01:10:10	+00:05:14
8	486	Schnöring, Dirk		DEU	0:14:23 (46.)	0:36:49 (46.)	0:21:20 (33.)	01:12:31	+00:07:35
9	517	Tilman, Philipp		DEU	0:16:22 (85.)	0:39:19 (92.)	0:23:35 (85.)	01:19:15	+00:14:19
10	536	Zahedi, Christian		DEU	0:14:39 (51.)	0:40:01 (102.)	0:24:37 (104.)	01:19:16	+00:14:20
11	303	Barth, Sebastian	Club Raffelberg	DEU	0:16:43 (90.)	0:40:43 (109.)	0:23:52 (90.)	01:21:17	+00:16:21
12	440	Müller, Jörg		DEU	0:14:43 (53.)	0:42:19 (128.)	0:25:30 (117.)	01:22:31	+00:17:35
13	416	Landgraeber, Stefan		DEU	0:14:13 (44.)	0:41:05 (116.)	0:28:02 (142.)	01:23:19	+00:18:23
14	490	Schröer, Dirk		DEU	0:17:12 (102.)	0:40:56 (111.)	0:25:45 (122.)	01:23:52	+00:18:56
15	387	Jasberg, Christian	TV Röhlinghausen 1	DEU	0:17:45 (123.)	0:43:19 (138.)	0:25:07 (112.)	01:26:10	+00:21:14
16	337	Dahms, Severin		DEU	0:16:24 (86.)	0:48:29 (157.)	0:24:56 (110.)	01:29:48	+00:24:52
17	415	Kurilla, Dennis	Tri-Geckos Dortmunc	DEU	0:20:25 (157.)	0:48:14 (156.)	0:24:33 (101.)	01:33:11	+00:28:15
18	385	Haumann, Ulf	Fc Bine	DEU	0:17:36 (117.)	0:47:58 (155.)	0:31:27 (151.)	01:36:59	+00:32:03

AK MAK4

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	460	Petri, Gerald	PV-Triathlon Witten	DEU	0:11:20 (10.)	0:35:06 (23.)	0:20:41 (19.)	01:07:06	
2	315	Blank, Björn		DEU	0:14:03 (37.)	0:37:43 (61.)	0:20:45 (20.)	01:12:30	+00:05:24
3	381	Holzmann, Frank	TriSpeed Herscheid	DEU	0:14:41 (52.)	0:39:54 (99.)	0:19:26 (3.)	01:14:01	+00:06:55
4	442	Müller, Michael	Union Blau Weiss Bi	DEU	0:17:25 (112.)	0:36:54 (48.)	0:22:41 (58.)	01:16:59	+00:09:53
5	463	Poschmann, Dirk		DEU	0:15:09 (60.)	0:40:18 (106.)	0:23:36 (86.)	01:19:01	+00:11:55
6	423	Mähr, Jan-Christian	Wangerooger SG	DEU	0:16:49 (92.)	0:40:53 (110.)	0:21:28 (38.)	01:19:09	+00:12:03
7	313	Bierhoff, Oliver	TriFinish Münster	DEU	0:18:44 (142.)	0:36:00 (33.)	0:24:27 (100.)	01:19:10	+00:12:04
8	500	Simon, Markus	TriFinish Münster	DEU	0:17:39 (121.)	0:38:43 (84.)	0:23:10 (73.)	01:19:31	+00:12:25
9	514	Thoms, Heiko		DEU	0:18:56 (146.)	0:41:12 (117.)	0:20:26 (12.)	01:20:32	+00:13:26
10	343	Eggers, Nils		DEU	0:16:07 (79.)	0:43:44 (140.)	0:30:15 (150.)	01:30:05	+00:22:59
11	366	Gniffke, Michael		DEU	0:19:07 (149.)	0:47:03 (154.)	0:24:38 (106.)	01:30:46	+00:23:40
12	353	Firl, Tobias		DEU	0:20:13 (155.)	0:45:49 (151.)	0:31:46 (153.)	01:37:47	+00:30:41

AK MSen1

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	523	Stratmann, Bernd	TVK 1877 Essen	DEU	0:12:37 (17.)	0:31:56 (4.)	0:19:50 (7.)	01:04:22	
2	519	Veldhuis, Hendrik	STADT BOCHUM TE	DEU	0:15:11 (61.)	0:34:50 (17.)	0:20:15 (10.)	01:10:14	+00:05:52
3	357	Fischer, Lothar	TV Attendorf TRI-TIP	DEU	0:15:29 (71.)	0:35:23 (26.)	0:20:50 (22.)	01:11:42	+00:07:20
4	482	Schlichting, Ingo	TuS Kaltehardt	DEU	0:15:24 (67.)	0:36:41 (41.)	0:20:28 (13.)	01:12:32	+00:08:10
5	520	Vennemann, Torsten	Wasser + Freizeit Mü	DEU	0:14:07 (40.)	0:35:58 (32.)	0:22:31 (56.)	01:12:35	+00:08:13
6	548	Pöhler, Reinhard		DEU	0:13:04 (23.)	0:36:54 (49.)	0:23:13 (76.)	01:13:10	+00:08:48
7	362	Geis, Guido		DEU	0:10:48 (7.)	0:38:47 (87.)	0:24:19 (97.)	01:13:54	+00:09:32
8	305	Bauer, Martin		DEU	0:13:22 (27.)	0:37:57 (65.)	0:23:18 (78.)	01:14:36	+00:10:14
9	413	Kühnen, Thomas	BSG Sparkasse Duis	DEU	0:16:10 (81.)	0:37:02 (50.)	0:21:48 (47.)	01:14:59	+00:10:37
10	476	Rückert, Thorsten	Soester Tri Team	DEU	0:16:51 (93.)	0:37:43 (61.)	0:20:34 (16.)	01:15:06	+00:10:45
11	498	Siemes, Walter		DEU	0:17:52 (126.)	0:35:27 (27.)	0:22:17 (53.)	01:15:35	+00:11:14

12	358 Fleischer, Bernhard	FC Polvo	DEU	0:15:53 (77.)	0:36:49 (45.)	0:23:08 (71.)	01:15:49	+00:11:27
13	389 Kamp, Andre	TV Attendorf TRI-TII	DEU	0:14:44 (54.)	0:37:57 (64.)	0:23:22 (79.)	01:16:02	+00:11:40
14	497 Sieger, Christian	Castrop-Rauxel	DEU	0:19:30 (153.)	0:35:47 (31.)	0:21:28 (39.)	01:16:44	+00:12:22
15	317 Blüggel-Musielak, M	ASV Köln-Triathlon	DEU	0:15:12 (62.)	0:39:08 (89.)	0:22:44 (60.)	01:17:03	+00:12:41
16	446 Neuhaus, Markus		DEU	0:16:54 (95.)	0:37:11 (56.)	0:23:02 (68.)	01:17:06	+00:12:44
17	329 Budde, Christian	NieBu Tri-Team Bocl	DEU	0:18:03 (132.)	0:37:31 (58.)	0:21:43 (43.)	01:17:15	+00:12:53
18	530 Weiß, Berthold		DEU	0:15:40 (73.)	0:38:23 (76.)	0:23:17 (77.)	01:17:19	+00:12:57
19	421 Lohsträter, Dirk	HTT11	DEU	0:15:48 (76.)	0:38:34 (79.)	0:23:31 (84.)	01:17:51	+00:13:29
20	504 Spanell, Markus	TriSpeed Herscheid	DEU	0:14:34 (49.)	0:36:36 (40.)	0:26:47 (137.)	01:17:56	+00:13:34
21	485 Schneider, Thomas		DEU	0:14:18 (45.)	0:38:27 (77.)	0:25:40 (120.)	01:18:25	+00:14:03
22	350 Falkenhain, Martin		DEU	0:16:00 (78.)	0:39:03 (88.)	0:23:29 (83.)	01:18:32	+00:14:10
23	521 Vettebrodt, Thorsten	BVL07	DEU	0:18:01 (130.)	0:38:19 (74.)	0:22:15 (52.)	01:18:34	+00:14:12
24	311 Berka, Thorsten	Team Erdinger Alkohol	DEU	0:17:59 (129.)	0:39:26 (94.)	0:22:14 (51.)	01:19:37	+00:15:15
25	454 Osiander, Andreas	TriTeam TG Lage	DEU	0:17:22 (107.)	0:38:06 (69.)	0:24:16 (96.)	01:19:43	+00:15:21
26	322 Brauckmann, Axel	Dortmunder Jungs	DEU	0:17:47 (124.)	0:37:49 (63.)	0:24:34 (102.)	01:20:09	+00:15:47
27	395 Michael, Hönig	Team Kohler	DEU	0:14:33 (48.)	0:41:00 (113.)	0:25:32 (118.)	01:21:04	+00:16:42
28	489 Schröder, Wolfgang	Union blau weiss bie	DEU	0:18:28 (137.)	0:41:34 (121.)	0:21:24 (35.)	01:21:25	+00:17:04
29	392 Kauter, Lars		DEU	0:17:39 (120.)	0:38:47 (86.)	0:25:25 (115.)	01:21:49	+00:17:27
30	365 Glodde, Tom	Dortmunder Motorsp	DEU	0:15:26 (69.)	0:40:23 (107.)	0:26:24 (135.)	01:22:12	+00:17:51
31	405 Kraus, Oliver	Dortmunder Motorsp	DEU	0:17:31 (114.)	0:39:58 (101.)	0:24:44 (108.)	01:22:13	+00:17:51
32	534 Wurst, Dietmar	TV Werne 03 Wasse	DEU	0:16:20 (84.)	0:45:27 (150.)	0:26:19 (133.)	01:28:05	+00:23:43
33	456 Pahlke, Thomas		DEU	0:19:14 (151.)	0:43:13 (137.)	0:26:07 (129.)	01:28:33	+00:24:11

AK MSen2

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	435	Mock, Stephan	TVK 1877 Essen	DEU	0:14:07 (41.)	0:33:29 (8.)	0:19:56 (8.)	01:07:32	
2	325	Broch, Tobias		DEU	0:13:55 (33.)	0:34:46 (16.)	0:23:28 (82.)	01:12:09	+00:04:37
3	369	Grothus, Bernd	SSC Hörde	DEU	0:11:18 (9.)	0:36:46 (42.)	0:24:36 (103.)	01:12:39	+00:05:07
4	528	Wagner, Roland	TSV Bayer 04 Lever	DEU	0:14:05 (39.)	0:35:01 (22.)	0:24:04 (93.)	01:13:10	+00:05:38
5	306	Schaum, Klaus-Diete	SV Westfalen	DEU	0:12:47 (21.)	0:37:06 (53.)	0:24:00 (92.)	01:13:52	+00:06:20
6	384	Hüsken, Stephan	TVK 1877 Essen	DEU	0:15:38 (72.)	0:37:05 (51.)	0:21:19 (32.)	01:14:02	+00:06:30
7	501	Smethurst, Miles		DEU	0:17:24 (110.)	0:35:13 (24.)	0:22:07 (49.)	01:14:42	+00:07:11
8	409	Krüger, Olaf	SV Blau-Weiß Bochu	DEU	0:14:45 (55.)	0:37:06 (54.)	0:24:40 (107.)	01:16:30	+00:08:58
9	376	Hecker, Peter	FTSV Heckershause	DEU	0:18:07 (133.)	0:38:35 (80.)	0:21:07 (28.)	01:17:48	+00:10:16
10	404	Kraft, Axel		DEU	0:17:06 (100.)	0:38:02 (68.)	0:22:46 (62.)	01:17:53	+00:10:21
11	526	Voß, Michael		DEU	0:14:48 (56.)	0:36:46 (43.)	0:26:23 (134.)	01:17:55	+00:10:23
12	458	Pawellek, Dieter	PV-Triathlon Witten	DEU	0:18:23 (136.)	0:37:14 (57.)	0:22:32 (57.)	01:18:09	+00:10:37
13	417	Landgraeber, Michael		DEU	0:19:02 (147.)	0:38:01 (67.)	0:23:04 (69.)	01:20:06	+00:12:34
14	340	Deppe, Jörg	Tough Guys Herne	DEU	0:18:18 (135.)	0:39:52 (98.)	0:23:59 (91.)	01:22:08	+00:14:36
15	492	Schulenburg, Uwe	Sparkasse Dortmund	DEU	0:13:40 (29.)	0:42:19 (129.)	0:27:08 (139.)	01:23:07	+00:15:35
16	377	Hensel, Marco		DEU	0:19:05 (148.)	0:40:57 (112.)	0:23:11 (74.)	01:23:12	+00:15:40
17	364	Glaser, Uwe		DEU	0:16:59 (97.)	0:41:02 (114.)	0:25:28 (116.)	01:23:28	+00:15:56
18	352	Feldhaus, Thomas	TriSpeed Herscheid	DEU	0:17:30 (113.)	0:42:30 (131.)	0:24:14 (94.)	01:24:13	+00:16:41
19	378	Hock, Thomas	Los Tres Toms	DEU	0:16:14 (82.)	0:42:10 (126.)	0:27:52 (141.)	01:26:15	+00:18:44
20	509	Tautz, Thorsten		DEU	0:19:16 (152.)	0:41:44 (123.)	0:25:49 (123.)	01:26:48	+00:19:16
21	403	Kowasch, Fred		DEU	0:15:17 (64.)	0:42:42 (132.)	0:29:18 (146.)	01:27:17	+00:19:45
22	532	Weskamp, Markus		DEU	0:18:42 (140.)	0:42:45 (133.)	0:26:56 (138.)	01:28:21	+00:20:49
23	493	Schultheiß, Uwe	otris runtime e.V.	DEU	0:16:29 (87.)	0:41:12 (118.)	0:31:46 (154.)	01:29:27	+00:21:55
24	344	Ehrenberg, Thomas	ERGO Sports Düsse	DEU	0:17:15 (104.)	0:41:42 (122.)	0:31:40 (152.)	01:30:36	+00:23:04
25	510	Teltz, Tom	Los TresToms	DEU	0:18:43 (141.)	0:43:37 (139.)	0:29:02 (144.)	01:31:21	+00:23:49
26	348	Eiffler, Klaus	CDU Werl	DEU	0:16:55 (96.)	0:41:05 (115.)	0:34:09 (156.)	01:32:07	+00:24:35
27	540	Zeppenfeld, Klaus	Hochschule Hamm-L	DEU	0:18:50 (145.)	0:43:02 (136.)	0:34:31 (157.)	01:36:22	+00:28:50

AK MSen3

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	401	Hengst, Ansgar	TRC Essen 84	DEU	0:13:53 (31.)	0:36:31 (37.)	0:21:29 (40.)	01:11:53	
2	537	Zaremba, Uwe		DEU	0:15:25 (68.)	0:37:05 (52.)	0:20:32 (15.)	01:13:01	+00:01:08
3	399	Kosfeld, Friedhelm	HTT 11 Herner Triatl	DEU	0:14:02 (36.)	0:36:35 (39.)	0:22:50 (63.)	01:13:27	+00:01:34
4	412	Kühnel, Andreas	TVK 1877 Essen	DEU	0:17:34 (115.)	0:36:34 (38.)	0:20:09 (9.)	01:14:16	+00:02:23
5	386	Jäger, Uwe	Viermärker Dortmunc	DEU	0:15:42 (74.)	0:39:11 (90.)	0:23:01 (66.)	01:17:53	+00:06:00
6	338	Degen, Martin	SV Blau-Weiß Bochu	DEU	0:14:01 (35.)	0:40:10 (103.)	0:26:17 (132.)	01:20:27	+00:08:34

7	518 Trabitzzsch, Mathias	LG Wuppertal	DEU	0:17:04 (99.)	0:42:28 (130.)	0:22:59 (64.)	01:22:29	+00:10:36
8	347 Eicker, Joachim	Triclub Wuppertal	DEU	0:15:14 (63.)	0:39:13 (91.)	0:28:50 (143.)	01:23:17	+00:11:24
9	425 Masling, Franz	Tauchsportverein Ple	DEU	0:15:23 (66.)	0:42:17 (127.)	0:25:53 (127.)	01:23:32	+00:11:39
10	508 Szkudlarek, Ulrich		DEU	0:19:08 (150.)	0:41:47 (124.)	0:29:52 (148.)	01:30:46	+00:18:53
11	411 Kuffel, Lech		DEU	0:16:52 (94.)	0:38:20 (75.)	0:37:34 (158.)	01:32:45	+00:20:52
12	444 Neuer, Andreas	Tri-Geckos Dortmund	DEU	0:17:21 (106.)	0:50:09 (158.)	0:29:26 (147.)	01:36:55	+00:25:03

AK MSen4

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	383	Howar, Hans-Jürgen	TVK 1877 Essen	DEU	0:15:03 (59.)	0:36:03 (34.)	0:22:22 (55.)	01:13:27	
2	511	Temme, Georg	SC Wiking Herne	DEU	0:15:45 (75.)	0:37:36 (59.)	0:23:09 (72.)	01:16:29	+00:03:02
3	394	Klein, Michael	LG Painless	DEU	0:16:08 (80.)	0:38:19 (73.)	0:23:25 (80.)	01:17:51	+00:04:24
4	481	Schilling, Michael		DEU	0:17:53 (127.)	0:38:44 (85.)	0:23:00 (65.)	01:19:36	+00:06:09
5	308	Berg, Günter		DEU	0:17:06 (101.)	0:38:40 (82.)	0:25:50 (124.)	01:21:36	+00:08:09
6	480	Schilke, Norbert	TRC Essen 84	DEU	0:17:43 (122.)	0:39:51 (97.)	0:24:21 (98.)	01:21:54	+00:08:27
7	391	Kattner, Ingolf	KvN	DEU	0:18:07 (134.)	0:38:07 (70.)	0:26:07 (130.)	01:22:20	+00:08:53
8	515	Tiede, Gisbert	TVK 1877 Essen-Ku	DEU	0:17:37 (119.)	0:39:56 (100.)	0:26:03 (128.)	01:23:35	+00:10:08

AK MSen5

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	496	Augustin, Klaus	Triathlon TEAM TG V	DEU	0:16:59 (98.)	0:37:11 (55.)	0:21:24 (34.)	01:15:32	
2	452	Nott, Hans-Dieter	OSC Hamm	DEU	0:14:38 (50.)	0:38:42 (83.)	0:24:15 (95.)	01:17:35	+00:02:03
3	414	Kunz, Hans-Jürgen		DEU	0:18:48 (144.)	0:42:49 (134.)	0:25:08 (113.)	01:26:44	+00:11:12
4	443	Nelde, Norbert		DEU	0:17:23 (108.)	0:44:18 (143.)	0:26:41 (136.)	01:28:21	+00:12:49

AK WJugA

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	438	Möller, Jule	TRI-TEAM HAGEN	DEU	0:12:09 (4.)	0:36:27 (3.)	0:22:21 (5.)	01:10:55	

AK WJun

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	445	Neuer, Elisabeth		DEU	0:16:33 (21.)	0:42:57 (22.)	0:25:07 (13.)	01:24:36	
2	398	Korsus, Monique		DEU	0:18:33 (36.)	0:50:06 (37.)	0:29:26 (31.)	01:38:04	+00:13:28
2	349	Emmerich, Maike		DEU	0:19:09 (38.)	0:49:30 (36.)	0:29:26 (32.)	01:38:04	+00:13:28

AK WAK1

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	367	Grabengießler, Henril	FIT-Fehske's internal	DEU	0:12:48 (6.)	0:35:04 (2.)	0:21:56 (3.)	01:09:48	

AK WAK2

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	461	Pickhardt, Nadine	Triathlon Team Witte	DEU	0:11:28 (2.)	0:36:34 (4.)	0:24:01 (7.)	01:12:02	
2	372	Wildförster, Verena	Tri-Team-Witten	DEU	0:14:18 (7.)	0:39:01 (9.)	0:25:14 (15.)	01:18:33	+00:06:31
3	363	Gefßmann, Carolin		DEU	0:17:11 (28.)	0:42:32 (18.)	0:28:19 (24.)	01:28:01	+00:15:59
4	316	Blickheuser, Judith		DEU	0:16:39 (25.)	0:45:47 (28.)	0:27:59 (23.)	01:30:24	+00:18:22
5	545	Haumann, Jutta		DEU	0:16:26 (19.)	0:48:31 (35.)	0:28:38 (28.)	01:33:35	+00:21:33
6	433	Misheva, Igljika		DEU	0:17:42 (31.)	0:48:23 (34.)	0:28:30 (27.)	01:34:34	+00:22:32
7	429	Meise, Sarah-Lena		DEU	0:16:12 (17.)	0:45:53 (29.)	0:32:57 (36.)	01:35:02	+00:23:00

AK WAK3

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	397	Knieling, Anke		DEU	0:12:07 (3.)	0:42:57 (23.)	0:28:20 (25.)	01:23:23	
2	300	Angstmann, Nadine		DEU	0:16:29 (20.)	0:43:06 (24.)	0:29:23 (30.)	01:28:57	+00:05:35
3	491	Schröder, Elke		DEU	0:17:57 (35.)	0:43:34 (26.)	0:27:41 (22.)	01:29:11	+00:05:48
4	402	Kowalewski, Jessica	Triathlon Team TG V	DEU	0:16:37 (23.)	0:46:20 (30.)	0:38:14 (37.)	01:41:10	+00:17:47

AK WAK4

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	522	Vogt, Sabine		DEU	0:12:47 (5.)	0:38:46 (8.)	0:21:08 (1.)	01:12:40	
2	422	Luther, Anke	TriSport Menden	DEU	0:15:22 (14.)	0:37:07 (5.)	0:25:09 (14.)	01:17:37	+00:04:57
3	453	Nott, Nicole	Tritus SV Neptun Nel	DEU	0:16:11 (16.)	0:41:44 (16.)	0:24:09 (8.)	01:22:02	+00:09:22
4	341	Dieninghoff, Anja Ma	Soester Tri Team	DEU	0:15:10 (13.)	0:42:40 (21.)	0:24:44 (12.)	01:22:33	+00:09:53
5	512	Terrahe, Julia		DEU	0:17:03 (27.)	0:46:44 (31.)	0:27:17 (21.)	01:31:03	+00:18:23

AK WSen1

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	324	Hamacher, Silke	Triandertaler Mettma	DEU	0:10:37 (1.)	0:33:19 (1.)	0:21:51 (2.)	01:05:47	
2	541	Selter, Sabine	TV Attendorn TRI-TI	DEU	0:14:48 (8.)	0:37:59 (7.)	0:23:46 (6.)	01:16:32	+00:10:45
3	380	Holzgreve, Bettina		DEU	0:16:34 (22.)	0:41:55 (17.)	0:24:43 (11.)	01:23:11	+00:17:24
4	418	Lenzowski, Sonja	TuS Brackel	DEU	0:18:36 (37.)	0:39:14 (11.)	0:25:32 (17.)	01:23:20	+00:17:33
5	455	Pagon, Ulrike	TV Attendorn TRI-TII	DEU	0:14:51 (9.)	0:43:09 (25.)	0:29:28 (33.)	01:27:28	+00:21:41
6	450	Niestradt-Budde, Sar	NieBu Tri-Team Bocl	DEU	0:16:38 (24.)	0:42:40 (20.)	0:28:24 (26.)	01:27:40	+00:21:53

AK WSen2

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	439	Most, Susanne		DEU	0:14:56 (10.)	0:39:37 (12.)	0:22:14 (4.)	01:16:45	
2	346	Eicker, Barbara	Triclub Wuppertal	DEU	0:15:33 (15.)	0:37:11 (6.)	0:24:31 (10.)	01:17:14	+00:00:29
3	527	Wagner, Andrea	TSV Bayer 04 Leverk	DEU	0:14:58 (11.)	0:40:35 (14.)	0:26:20 (19.)	01:21:52	+00:05:07
4	533	Wichert, Brigitte	Wasser + Freizeit Mü	DEU	0:17:28 (30.)	0:39:14 (10.)	0:25:59 (18.)	01:22:39	+00:05:55
5	432	Middendorf, Edith		DEU	0:17:51 (34.)	0:41:40 (15.)	0:24:28 (9.)	01:23:58	+00:07:13
6	472	Rimbach, Tina	TriClub Wuppertal	DEU	0:15:07 (12.)	0:44:15 (27.)	0:25:26 (16.)	01:24:46	+00:08:01
7	339	Deppe, Birgit	Herner Triathlon Tea	DEU	0:16:16 (18.)	0:40:23 (13.)	0:30:50 (35.)	01:27:28	+00:10:43
8	464	Pospiech, Kerstin	SC Aegir 36	DEU	0:16:41 (26.)	0:48:13 (33.)	0:29:06 (29.)	01:33:59	+00:17:14

AK WSen3

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	342	Dietze, Rita		DEU	0:17:26 (29.)	0:42:37 (19.)	0:26:58 (20.)	01:27:01	

AK WSen4

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	513	Thiele, Petra	HTT 11 Herner Triatl	DEU	0:19:27 (39.)	0:48:08 (32.)	0:30:45 (34.)	01:38:20	